

### 2009 Womens Triathlon

Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Abby Leyendekkers	261	4:51.7	25:00.9	10:20.6	40:14.0
Adel Roe	15	7:08.0	34:17.6	14:17.8	55:44.0
Adrienne Arkell	121	4:58.9	23:03.0	9:39.6	37:42.0
Aisha Murray	306	4:44.7	31:28.1	9:11.4	45:25.0
Alex Maher	218	5:26.6	40:57.0	swim / ride or ride / run combined	0:46:24
Alex Nehammer	264	4:57.1	25:18.3	10:06.8	40:23.0
Alexis Marsden	213	5:24.9	26:25.2	12:34.4	44:25.0
Alison McKenzie	200	5:34.7	26:31.6	12:13.5	44:20.0
Alison O'Sullivan	109	6:44.1	25:15.4	11:04.1	43:04.0
Alison Spence	99	6:55.4	29:23.8	11:31.7	47:51.0
Amanda Hannagan	295	4:49.6	15:52.9	9:56.6	30:40.0
Amanda Rocco	179	5:31.1	25:46.0	11:30.2	42:48.0
Amanda Taylor	104	4:36.5	27:03.2	10:43.0	42:23.0
Amanda Whittle	292	5:20.7	27:54.4	12:39.5	45:55.0
Andrea Salmond	299	4:37.7	25:12.8	10:52.3	40:43.0
Anita Parsons	204	4:28.1	24:00.4	8:38.0	37:07.0
Anna Popadyne	308	6:21.0	30:46.4	14:32.5	51:40.0
Annaliese Brown	47	5:15.1	27:58.4	9:40.3	42:54.0
Anne Edwards	140	5:31.3	25:03.5	11:07.6	41:43.0
Annette Owen	232	4:56.5	25:43.7	13:07.0	43:48.0
Anwen Oliver	307	4:03.5	23:42.6	9:26.8	37:13.0
Bellinda Rhodes	4	4:33.9	26:33.1	9:51.4	40:59.0
Bernice Moore	87	6:10.2	26:50.0	13:11.9	46:13.0
Bethany Palmer	254	4:43.5	28:23.0	13:39.5	46:46.0
Beverley Hopkins	51	6:49.5	26:25.4	11:45.3	45:01.0
Bonnie Watson	176	4:25.7	24:35.4	11:03.0	40:05.0
Bree Ludemann	141	5:42.2	32:29.7	10:21.7	48:34.0
Brenda Elliott	64	5:09.3	29:45.4	11:12.5	46:08.0
Brenda Kenney	231	5:21.8	27:01.9	10:00.6	42:25.0
Brigitte Zappia	249	4:39.3	38:28.1	swim / ride or ride / run combined	0:43:07
Cara Van schalkwyk	247	4:08.2	25:34.3	9:24.3	39:07.0
Carol Dell'Agostino	49	8:22.0	36:02.6	13:49.7	58:15.0
Caroline Lucas	275	31:03.1	12:18.0	swim / ride or ride / run combined	0:43:21
Caroline Rex	120	6:52.0	31:00.7	11:46.3	49:39.0
Carolyn Chernabaeff	68	4:27.5	28:56.5	14:36.2	48:01.0
Catherine Griffin	71	5:44.6	27:20.4	12:09.2	45:15.0
Catherine Harding	153	5:16.4	26:16.9	10:14.0	41:48.0
Cathy McGill	262	4:59.9	26:26.9	11:11.8	42:39.0
Chantel Parsons	276	3:35.8	36:51.1	swim / ride or ride / run combined	0:40:27
Charmain Slater	234	4:02.6	23:59.0	8:42.6	36:45.0
Cher Kearney- Smith	108	6:27.7	28:13.2	10:17.0	44:58.0
Cherie-Ann Riedy	222	4:49.9	27:08.9	11:39.4	43:39.0
Cheryl Wheals	226	6:33.9	27:35.9	10:42.2	44:52.0
Chris Cattan	258	4:34.8	23:34.6	8:45.2	36:55.0
Christie Chee	67	8:00.2	27:57.4	12:23.1	48:21.0
Christie Leyendekkers	283	4:47.8	30:20.5	11:54.7	47:03.0
Christine Luxford	32	5:53.4	26:25.3	14:14.8	46:34.0
Cindy Wright	59	5:29.3	28:02.2	12:08.3	45:40.0
Claire Connolly	22	5:08.3	36:05.3	13:43.6	54:58.0
Claire Kenney	253	4:18.4	24:39.3	9:49.3	38:47.0
Claire Roberts	244	5:24.7	34:47.6	10:34.5	50:47.0
Corynne Sherborne	57	11:05.7	36:52.9	17:09.7	1:05:09.0
Courtney Toia	183	4:35.8	31:42.2	14:00.1	50:19.0
Deb Andrew	214	4:22.8	24:27.7	8:51.6	37:43.0
Debbie Horner	128	6:09.8	26:42.8	9:50.9	42:44.0
Deborah Harris	8	6:20.6	28:31.4	12:08.6	47:01.0
Debra Carver	1	6:34.4	29:22.6	16:44.9	52:42.0

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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Dorte Skou	266	4:36.8	26:47.7	9:22.0	40:47.0
Elizabeth Clince	69	7:47.5	29:59.3	13:41.1	51:28.0
Elizabeth Fenn	124	5:58.6	27:13.7	11:24.0	44:37.0
Emily Wheeler	65	4:27.3	33:34.4	12:45.2	50:47.0
Felicity Harradine	168	5:24.0	24:42.2	9:10.3	39:17.0
Felicity Harris	115	6:59.6	32:52.6	9:50.0	49:43.0
Felicity Miller	219	5:11.6	26:55.4	11:33.3	43:41.0
Fiona Farren	208	6:37.4	31:38.5	13:09.3	51:26.0
Flavia Di Pietro	250	3:19.8	26:19.1	8:39.3	38:19.0
Fran Wheeler	248	4:52.0	28:13.3	10:31.1	43:37.0
Frances Strudwick	278	3:43.8	21:12.6	11:19.3	36:16.0
Gabriela Hosking	93	5:37.0	21:49.8	10:27.8	37:55.0
Gabrielle Ietto	44	4:14.2	28:00.8	11:20.1	43:36.0
Gail Wright	205	4:53.1	25:48.8	10:23.4	41:06.0
Gemma Bourne	152	5:00.4	24:11.5	9:50.3	39:03.0
Gemma Davis	6	9:01.5	31:58.0	12:39.4	53:39.0
Genine Unsworth	311	4:51.4	40:50.2	swim / ride or ride / run combined	0:45:42
Georgia Leyendekkers	119	5:50.2	29:28.4	11:32.7	46:52.0
Georgina Warden	269	5:02.5	28:31.4	15:51.0	49:25.0
Gretchen Lamont	303	4:55.6	30:01.1	9:36.2	44:33.0
Handa Strydom	16	6:00.2	28:33.6	11:19.9	45:54.0
Hanlie van Zyl	17	6:26.3	26:03.7	11:37.9	44:08.0
Hannah Thomson	237	3:44.1	27:29.3	11:25.4	42:39.0
Hannah Wheeler	257	4:37.8	25:08.2	10:31.6	40:18.0
Harriette Coulson	228	4:39.4	39:34.0	swim / ride or ride / run combined	0:44:13
Hayley Della-Sale	207	5:04.6	27:13.6	10:22.2	42:41.0
Heather Freeman	229	4:25.2	26:29.2	8:49.7	39:45.0
Heather Nicholson	286	4:32.7	26:47.4	10:27.2	41:48.0
Helen Beck	45	6:05.6	24:43.3	13:03.9	43:53.0
Helen Leyendekkers	61	5:58.6	29:43.4	11:33.9	47:16.0
Helen Oostryck	221	4:41.0	28:03.3	10:03.4	42:48.0
Hildah Janse van Rensburg	86	6:29.4	26:23.1	11:46.9	44:40.0
Imogen Harnett	126	4:51.3	25:35.0	11:56.6	42:23.0
Jackie Price	88	7:38.2	29:56.5	13:27.5	51:03.0
Jaimee Earl	177	5:31.3	29:53.3	10:46.2	46:11.0
Jaki Richardson	113	5:48.4	25:57.1	16:13.0	47:59.0
Jane Hancock	210	4:46.1	25:55.4	10:35.3	41:17.0
Jane Hardy	316	4:10.5	27:38.0	9:52.3	41:41.0
Jane King	260	4:39.5	23:56.5	11:55.8	40:32.0
Jane Reynolds	62	5:06.1	28:45.1	11:22.9	45:15.0
Jane Wheeler Wheeler	270	4:28.5	2:49.5	10:41.9	18:00.0
Janelle Norrish	182	4:41.6	26:39.3	10:56.0	42:17.0
Jean Stevenson	162	4:24.3	26:47.9	10:24.2	41:37.0
Jen Burrows	60	6:04.4	29:03.8	16:39.5	51:48.0
Jenelle Commisso	144	4:26.8	30:10.4	10:38.3	45:16.0
Jennifer Creasey	118	6:29.6	37:55.2	14:23.0	58:48.0
Jennifer Elson	186	5:07.6	25:15.8	11:15.0	41:39.0
Jenny Jones	212	4:41.3	23:46.0	10:43.0	39:11.0
Jo Needham	318	29:11.4	12:48.5	swim / ride or ride / run combined	0:42:00
Jo Young	42	6:28.4	37:44.9	17:02.1	1:01:16.0
Joanne Mckenzie	11	6:13.7	31:28.9	13:23.2	51:06.0
Jocelyn Stuart	310	5:40.2	24:59.3	9:28.8	40:09.0
Jodi Maisey	240	3:59.1	24:55.8	8:51.6	37:47.0
Josephine Gregg	188	5:04.5	29:46.1	11:29.2	46:20.0
Josie Anderson	26	6:11.3	27:47.8	10:57.4	44:57.0
Joy Frisina	29	7:06.2	26:09.7	12:33.6	45:50.0
Joy Home	274	3:21.5	27:06.6	10:44.3	41:13.0
Judi Gibbs	125	6:36.2	33:29.3	13:35.2	53:41.0

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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Judy Thompson	58	7:39.3	34:17.1	13:35.1	55:32.0
Julie Hogan	127	5:11.6	25:12.3	9:39.1	40:03.0
Julie Howells	203	5:16.5	28:20.8	11:35.6	45:13.0
Julie Sheahan	134	5:16.0	25:29.5	10:47.3	41:33.0
Juliet Garlin	187	5:19.5	51:59.6	swim / ride or ride / run combined	0:57:19
Karen Davies	81	6:18.8	26:52.1	12:09.1	45:20.0
Karen Edwards	272	3:51.6	22:05.3	9:00.2	34:58.0
Karen McDonald	95	6:10.8	42:37.0	15:20.1	1:04:08.0
Karmen Williams	38	9:08.6	31:47.6	13:48.0	54:45.0
Kate Tatham	246	4:26.5	26:43.4	11:05.8	42:16.0
Katherine Feddema	199	5:17.4	29:06.7	14:06.9	48:31.0
Kathy Atkinson	27	5:25.0	25:05.5	12:06.6	42:38.0
Katrina Jones	192	5:19.6	30:06.7	11:23.4	46:50.0
Kaye Bastow	293	5:11.5	24:55.6	13:41.8	43:49.0
Kayleen Cochrane	5	9:56.3	33:11.5	21:01.5	1:04:10.0
Kayleen O'Loughlin	89	10:02.0	38:12.1	19:03.4	1:07:18.0
Kelly McCallum	133	6:02.1	26:27.3	11:37.4	44:07.0
Kelly Mills	241	4:42.3	33:03.3	10:27.6	48:14.0
Kelly Mitchell	103	5:05.7	26:53.8	10:13.4	42:13.0
Kerry Hollalnd	174	7:54.3	27:58.8	11:37.5	47:31.0
Kirsten Edwards	145	5:19.0	27:30.2	10:49.3	43:39.0
Kylie Goldspink	102	5:33.6	27:19.1	8:28.7	41:22.0
Lara Hebbend	30	4:59.4	27:59.1	11:46.0	44:45.0
Larissa Taylor	194	4:20.3	24:35.2	9:10.8	38:07.0
Laura Johansen	52	5:49.4	26:09.6	10:57.2	42:57.0
Lauren Duchesne	111	6:04.7	29:46.4	10:36.2	46:28.0
Leah Pover	173	4:42.8	30:24.9	13:32.7	48:41.0
Leanne Ashworth	143	5:23.1	25:49.4	11:43.3	42:56.0
Leanne Blackham	184	4:20.1	23:58.2	9:53.4	38:12.0
Leanne Ford	7	6:14.6	26:13.6	11:33.2	44:02.0
Leanne Stacey	289	4:59.6	33:02.8	13:03.6	51:06.0
Leigh Barrett	198	4:35.2	28:53.4	11:36.1	45:05.0
Leisa Norrish	20	5:20.2	26:04.5	12:33.0	43:58.0
Leonie Don	43	4:56.7	27:11.2	12:27.8	44:36.0
Leshaye Wisewould	227	4:49.7	26:31.9	10:35.2	41:57.0
Letisha Piggott	233	4:46.4	26:24.4	9:34.5	40:46.0
Libby Milligan	297	4:32.1	33:08.9	13:18.3	51:00.0
Lisa Barndon	131	5:42.9	34:23.1	15:17.0	55:23.0
Lisa Burrows	48	5:11.7	27:16.0	12:46.3	45:14.0
Lisa Lay	217	4:34.9	24:41.7	9:52.9	39:10.0
Litani Looby	304	4:01.7	26:37.2	9:30.6	40:10.0
Lois Buckeridge	114	6:40.9	32:54.7	11:33.8	51:10.0
Lorraine Grassie	167	5:49.8	23:55.2	9:43.9	39:29.0
Louise Cefalo	171	6:21.0	33:04.5	12:56.9	52:23.0
Lucy Webb-Martin	291	4:36.7	27:32.7	12:31.6	44:41.0
Lyn Perks	41	4:34.8	25:55.8	10:07.2	40:38.0
Lynette Hillier	252	4:06.0	24:30.5	10:25.1	39:02.0
Lynn Thomson	79	6:45.7	33:39.5	13:12.0	53:38.0
Maree Hancock	85	5:07.4	24:52.4	10:13.5	40:14.0
Maree Kilner	73	5:10.5	28:52.1	11:56.8	46:00.0
Maree Merrett	161	5:27.9	26:52.6	10:15.0	42:36.0
Maree Smith	309	4:27.6	23:53.0	8:18.6	36:40.0
Marg Pettit	298	4:15.4	22:37.4	7:13.9	34:07.0
Marg Rhodes	301	4:06.9	22:58.8	8:02.9	35:09.0
Marian Munce	285	4:38.1	22:43.4	13:12.2	40:34.0
Mariana Adlam	63	5:00.5	28:08.6	10:49.6	43:59.0
Marissa Adams	25	6:13.7	27:52.1	12:35.8	46:42.0
Marlize Bosman	46	6:02.5	31:04.2	12:39.2	49:46.0

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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Matilda Horton	72	9:11.7	37:40.9	17:38.5	1:04:32.0
Maureen Linaker	129	5:12.6	31:37.7	10:51.2	47:42.0
Maureen Myers	12	7:30.8	33:34.7	14:27.2	55:33.0
Megan Hills	211	3:37.2	27:16.9	12:18.4	43:13.0
Megan Pollard	35	5:49.7	32:29.6	18:07.2	56:27.0
Melanie Smoker	245	4:49.2	25:55.2	10:16.7	41:02.0
Melissa Coulson	156	5:40.2	30:41.1	11:34.7	47:56.0
Melissa Pannett	23	5:44.3	28:34.8	12:12.7	46:32.0
Michelle Fleming	146	5:43.9	28:16.0	11:30.6	45:31.0
Michelle Winwood	313	5:11.5	25:45.3	9:49.7	40:47.0
Misha Howlett	296	36:48.2	10:53.0	swim / ride or ride / run combined	0:47:41
Misty Trimboli	321	4:25.4	26:31.4	9:58.8	40:56.0
Molly Tolchard	290	4:09.5	27:48.9	12:32.2	44:31.0
Myrna Carbone	105	6:31.2	25:26.9	11:44.8	43:43.0
Nancy Birch	84	6:23.7	27:54.0	11:25.2	45:43.0
Naomi Pedrochi	265	4:31.7	23:23.2	11:41.5	39:37.0
Natalie Smith	223		5:45.2	24:37.9	30:24.0
Natasha Carbone	314	4:06.3	26:19.6	11:01.8	41:28.0
Nicola McManus	33	5:33.5	25:22.1	12:38.1	43:34.0
Nicola Taylor	215	4:11.4	24:12.2	7:52.8	36:17.0
Nicole Ireland	150	4:35.0	23:21.8	8:53.4	36:51.0
Nicole Thomson	259	4:13.7	27:42.0	11:57.8	43:54.0
Nicolene Dressel	70	6:43.8	31:09.3	11:34.8	49:28.0
Nyree Kavanagh	216	4:56.5	35:47.5	swim / ride or ride / run combined	0:40:44
Pat O'Leary	76	5:11.1	26:48.4	11:23.8	43:24.0
Pauline Meek	54	5:34.4	26:29.8	11:25.1	43:30.0
Pauline Taylor	37	6:17.9	41:10.4	17:09.3	1:04:38.0
Penny Ravenscroft	197	4:30.8	25:38.4	10:40.2	40:50.0
Peta Gelmi	251	4:08.8	22:36.0	10:08.3	36:54.0
Peta-Marie Lord	112	6:56.8	23:33.3	9:20.0	39:51.0
Rachael Reed	56	4:35.3	26:17.2	10:22.1	41:15.0
Rachel Bennett	39	5:02.6	28:00.2	10:17.6	43:21.0
Rachel Eiffler	294	4:43.0	26:17.7	12:00.3	43:01.0
Rachel Kling	10	5:39.6	28:16.5	9:24.3	43:21.0
Rachel Slattery	288	5:25.8	27:23.3	10:11.7	43:01.0
Rahima Piggott	255	4:59.5	25:49.4	10:12.1	41:01.0
Rebecca Dowling	193	5:10.1	28:46.9	12:19.7	46:17.0
Rebecca Howe	169	4:41.3	31:19.5	swim / ride or ride / run combined	0:36:01
Rebecca Sharp	36	6:54.5	44:43.7	swim / ride or ride / run combined	0:51:38
Rebekah Cahill	236	3:35.5	29:24.4	9:54.5	42:55.0
Rena Twigg	21	4:51.4	22:04.8	8:35.3	35:32.0
Renee Thomson	100	5:44.1	27:54.5	11:17.9	44:57.0
Robyn Davis	185	4:28.6	26:54.1	10:21.8	41:45.0
Robyn Pang	138	5:48.7	25:42.8	10:40.7	42:13.0
Robyn Phillips	319	4:27.0	37:35.9	16:56.3	59:00.0
Rocheen Navarro	34	6:24.6	32:33.9	15:05.7	54:05.0
Sally Barnden	271	3:13.8	22:22.5	10:04.6	35:41.0
Sally Fleay	315	3:41.3	26:23.2	10:32.9	40:38.0
Sally Jones	281	4:50.7	30:53.0	10:40.7	46:25.0
Samantha Goodlad	273	4:47.1	26:37.1	9:50.2	41:15.0
Samantha Harnett	148	6:35.8	30:57.5	13:23.8	50:58.0
Samantha Mansfield	82	5:44.0	28:52.6	13:05.1	47:42.0
Samantha Peacock	97	7:45.5	45:13.5	15:45.2	1:08:45.0
Sandra Palmer	172	4:50.2	27:30.0	12:48.3	45:09.0
Sandra Robertson	77	7:22.8	28:16.9	10:33.8	46:14.0
Sarah Henderson	19	4:33.6	26:46.8	9:28.8	40:50.0
Sarah Lorimer	178	4:56.8	26:35.2	11:46.3	43:19.0
Sarah Rhodes	3	4:06.5	23:41.9	9:18.6	37:07.0

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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Shareen Nash	242	4:39.0	25:00.1	9:32.7	39:12.0
Sharon Hiscock	106	6:00.2	25:59.6	9:35.5	41:36.0
Sharon Larking	196	5:23.3	28:22.6	11:51.5	45:38.0
Sharon Walker	110	6:21.1	28:02.3	9:40.3	44:04.0
Shayne Morris	191	5:27.6	27:02.5	12:08.6	44:39.0
Sheila Howard	9	6:58.8	25:10.9	11:47.4	43:58.0
Shelley Abbey	18	5:06.9	27:30.0	12:33.8	45:11.0
Shereen Meyer	284	5:06.8	27:45.1	11:09.1	44:01.0
Sheryl Edwards	101	5:51.8	27:38.5	12:08.7	45:39.0
Shiralee Murray	220	4:20.1	32:45.8	9:44.3	46:51.0
Sian Jones	302	4:49.9	30:52.3	10:41.9	46:25.0
Silvia Griffin	2	7:10.2	24:50.4	12:16.9	44:18.0
Sim Yee Lean	157	6:06.5	31:51.3	13:10.9	51:09.0
Simone McCreed	74	5:08.6	32:20.3	12:37.6	50:07.0
Sonja Neubauer	55	6:08.0	33:42.2	15:45.2	55:36.0
Sophie Wheeler	279	44:03.6	25:30.7	10:21.6	1:19:56.0
Stephanie Jamieson	190	5:44.8	28:24.1	11:35.4	45:45.0
Stephanie Rowbottom	277	3:55.8	30:00.6	13:28.0	47:25.0
Suanne Morgan	263	4:19.0	30:44.8	11:35.3	46:40.0
Sue Barrett	159	4:20.3	23:48.9	10:11.4	38:21.0
Sue de Chaneet	107	4:33.5	25:27.7	9:10.0	39:12.0
Sue Wallrodt	235	4:58.9	23:34.9	10:56.5	39:31.0
Suellen Jerrard	31	6:02.5	26:34.0	11:23.5	44:00.0
Susan Krachler	282	5:12.9	43:52.1	swim / ride or ride / run combined	0:49:05
Susan Penfold	287	4:48.9	25:39.3	10:53.1	41:22.0
Suzana Mitrevski	96	6:14.0	25:33.5	12:39.9	44:28.0
Suzanne Clark	206	5:37.4	21:50.6	9:41.0	37:09.0
Suzanne Ellery	91	7:00.5	0:59.5	28:52.1	36:53.0
Suzanne Reynolds	151	5:13.3	33:31.9	15:28.7	54:14.0
Tahnee Carbone	24	4:06.9	27:07.4	11:39.5	42:54.0
Tam Dowson	123	29:53.4	10:06.7	swim / ride or ride / run combined	0:40:00
Tameka Ellard	165	4:31.0	30:44.7	11:35.5	46:52.0
Tania Pitt	13	4:45.1	28:16.5	12:15.0	45:17.0
Tania Raynsford	158	5:56.9	24:40.4	11:24.9	42:03.0
Tania Sutton	224	5:17.2	30:10.3	16:10.5	51:38.0
Tara King	94	5:52.4	31:51.2	12:26.9	50:11.0
Tegan Davis	28	4:47.5	29:34.4	11:32.1	45:54.0
Tina Commisso	80	6:37.2	32:56.5	9:48.6	49:23.0
Tracey Hovard	149	5:50.8	32:28.0	11:58.3	50:18.0
Tracey Spaul	78	6:16.1	31:40.0	10:58.0	48:55.0
Tricia Gray	50	6:39.4	30:24.3	11:15.9	48:20.0
Trish Welsh	312	5:37.1	29:34.1	14:08.0	49:20.0
Trudy Milne	75	7:54.3	34:09.6	13:41.9	55:46.0
Valerie Newbold	154	5:22.9	33:26.5	16:53.1	55:43.0
Vanessa Everett	132	5:49.4	22:12.6	7:58.6	36:01.0
Vera Robinson	98	7:31.9	33:05.1	14:27.1	55:05.0
Verity Lee	239	4:59.0	34:32.4	12:29.4	52:01.0
Wenda Van prooijen	225	5:48.8	26:32.1	12:08.9	44:30.0
Wendy McDermott	280	4:11.8	24:41.2	10:27.8	39:21.0
Wendy Paine	175	5:17.4	23:45.8	10:23.6	39:27.0