



2009 Bunbury Classic Triathlon

Western Australia's Triathlon season for 2008/2009 kicks off with the "Bunbury' Classic" on Sunday the 8th of November.

The Olympic Distance event (1500m swim / 40km ride / 10km run) is Race 1 in Triathlon Western Australia's State Series. We are also offering a Teams Category this year for this distance.

The Sprint Distance event (750m swim / 20km ride / 5km run) is a shorter option for those people not ready for such a long distance early in the season.

This is a great way of getting your season started. Make sure you come and have a go!!

The Course

The course is held near the centre of Bunbury. Transition is opposite the Bunbury Entertainment Centre. Free parking is available in their car park.

The "**Orca Swim**" is held in a protected part of Koombana Bay. There will be separate starts for the two events. Large swimming buoys will be accurately positioned using GPS equipment. Bunbury Surf Club will be looking after Water Safety.

After the swim, athletes run approximately 250-300 metres along concrete paths back to the transition area.

The "**Shotz Sports Nutrition Ride**" course is six laps on flat roads around inner Bunbury. The Bunbury Triathlon Club has organised partial road closure for the event. This means that cyclists have right of way throughout. Each lap is approx 6.8 kilometres.

The "**Athletes Foot Run**" is held on a scenic course around Bunbury's Inner Estuary. Each lap is 5 kilometres exactly. Two drink stations will be set up.

Maps of the course are available on the Bunbury Triathlon Club website:-

www.bunburytriclub.asn.au



South West Escape Series:

This is a joint initiative by the Bunbury, Stadium & Albany Triathlon Clubs to promote these iconic WA events.

These races are run by Triathletes, for Triathletes and support the WA Triathlon Club Network which is a feature of this great sport within this great State.

Bunbury Classic Triathlon: Sunday November 8th (1.5 / 40 / 10)

Karri Valley Triathlon: Saturday February 6th (1 / 30 / 8)

Albany Laminex Group Classic: Sunday February 28th (1.5 / 40 / 10)

All events are TWA State Series Races and carry valuable points for Triathlete of the Year (TOTY).

Series entry is only available to Competitive Members of Triathlon Australia and only valid for the long-course race at each event.

Each Series Entrants will be eligible for

- 1) **Discounted series entry (\$135):** Save \$45 on your race entry by entering all three races prior to November 6th.
- 2) **\$1500 Random Cash Giveaway:** By entering the series and **COMPLETING** all three events (that's 142km of racing!) you will be placed in the draw for one of five random cash prizes (\$500, \$400, \$300, \$200 and \$100).
- 3) **King and Queen of the Country.** Based on TOTY points for all three races, an Open Male and Female Champion will be crowned.
- 4) All entrants would still be eligible for the other prizes that are on offer at these events.

If you are as passionate about the sport as we are, then assist us by entering and supporting this series.

Triathlon, the way it should be.



Entries

All entries are to be done through the Internet using a credit card. Please logon onto Register Now website, <https://www.registernow.com.au/secure/Register.aspx?ID=2028>. Entries close on Friday, the 6th of November at 5pm. Entries will be accepted on race day, but will incur a late fee of \$10 on the normal race price.

Bunbury Olympic Distance:

\$60 for Competitive Members of Triathlon Australia

\$70 for others

\$80 for Teams (Can be of any combination)

Sprint Distance:

\$40 for Competitive Members of Triathlon Australia

\$50 for others

Note: The minimum age of competitors (as at 31/12/2009) is 14 for the Sprint Distance and 16 for the Olympic Distance.

Schedule

All competitors must register on the day between 6:30am and 7:15am.

Race Briefing will be done at 7:15 am.

At approx 7.20, (weather permitting) Sky Divers will be descending just to the east of Transition as an exhibition. Race participants may end up with a Tandem Skydive from "Skydive Adventure". Please indicate at registration if you are interested in receiving this spot prize, as it will be drawn separately from main spot prizes draw.

The Bunbury Classic will start at approx 7.30 am. Depending on numbers, it is anticipated that there will be wave starts at approx 1-2 minute intervals. The Sprint Distance will commence after the last wave of the Olympic Distance.



Race Rules

Orca Swim: It is expected that wetsuits can be worn. The expected water temperature is 19-20° Celsius. A Final decision will be made by TO's on morning of race. No fins, paddles, flotation devices or propellers will be allowed.

Shotz Sports Nutrition Ride: Drafting is illegal and will be regulated by technical officials on motorbikes. A penalty box will be set up next to transition and a 2 minute penalty will be applicable for a first offence. Disqualification will follow a second offence.

All competitors must wear a top on the ride and run legs.

Road rules must be obeyed. Important to keep to left.

Motorised bicycles will not be allowed.

All athletes must wear an approved helmet throughout the ride leg. The helmets must meet Australian Standard AS20631.1

Athletes Foot Run: Support runners or vehicles are not allowed. No skateboards, rollerblades or roller-skates. Shoes must be worn.

Age Groups

The Bunbury Classic will have separate age groups at five-year intervals (20-24, 24-29 etc) for both males and females. There will also be an Open category. Only those people who enter the Open category will be eligible for prize money.

The Sprint Distance will have separate age groups at ten-year intervals (20-29, 30-39 etc) for both male and females. There is no Open category or prize money.

All ages are taken from the 31st of December 2009.

Race Timing

The event will be accurately timed using electronic equipment supplied by Bunbury Triathlon Club. All competitors will wear an ankle transponder. Split and overall times will be available through the website within 48 hours.



Presentations

Presentations will be held in **Barbados Restaurant** starting at approx 12 midday. They will be open at approximately 11.15am. It is a licensed venue overlooking the swim course. Snacks and drinks will be available at bar prices. An A-La-Carte menu is available for those that wish to refuel and enjoy the sights of Koombana Bay.

Prizes

In 2009, the Bunbury Triathlon Club has secured a reasonable sponsorship package, although not as strong as in previous years. We are pleased to acknowledge the following sponsors of each individual leg.

Orca is sponsoring the swim leg. They have supplied us with **3 * S3 Wetsuit Vouchers** for the event. These are to be redeemed online through their website. These prizes will be awarded at random. As well, they are offering 15% off Discount cards.

Shotz Sports Nutrition is sponsoring the cycle leg and have organised Carboshot satchels as well as some prize packs to be given out at presentations.

Athlete's Foot is sponsoring the run leg and have organised Athletes vouchers for prizes. **2 * \$200 shoe vouchers** will be awarded to the winners of the open Male/Female divisions along with there prize money, and other vouchers and products will be awarded randomly. The vouchers can be redeemed by contacting the Bunbury Store.

Prize money for the Open event is as follows.

1st \$150 + \$200 Athletes Foot Shoe Voucher, 2nd \$150, 3rd \$75 for both male and female.

In addition to above, we will have a number of other spot prizes on the day, including;

- Voucher to the value of \$500 for a Tandem Skydive from "**Skydive Adventure**".
- Bottles of wine from **Shenton Ridge winery**
- Other sporting products from **Athletes Foot, Orca and Fitzroy's Cycles**.
- Sunglasses Vouchers from **Ryders Eyewear**
- 6 Month Subscription to **Inside Sport**
- Vouchers from **Scody**
- + Other.



Accommodation

Bunbury has a number of different types of accommodation available ranging from Backpackers to 4 ½ Star hotels. This year we have been able to arrange with a number of the Accommodation places a discount. Please support the places below as they have supported us. When contacting them, please advise them that you are ***involved with the Triathlon Race*** and you will receive the discount. If you don't want to use one of these places you can contact the Bunbury Tourist Bureau for further information. The places listed below are all very close to the actual transition for the race. There is something there for everyone!

- 1) **Quest Apartments** - 9722 0777/ website - www.questbunbury.com.au

Studio Apartment @ \$135 per night

One Bedroom Apartment @ \$169 per night

Two Bedroom Apartment @ \$215 per night

All these apartments are fully self contained.

- 2) **Discovery Holiday Parks Koombana Bay and also Discovery Holiday Parks Bunbury Village.** -
9791 3187 Website: www.discoveryholidayparks.com.au

They are offering a 10% discount off all there accommodation

- 3) **Best Western The Clifton Motel & Grittleton Lodge** - 9792 6200 website – www.theclifton.com.au

They are offering their Standard Rooms at \$118 as opposed to \$130. Other room rates will remain same, which go up to \$215.

- 4) **Lighthouse Beach Resort** - 97211311 website - www.lighthousehotel.com.au

Poolside Twin Rooms @ \$117.00 per night (based on 2 adults)

City View Rooms @ \$117.00 per night (based on 2 adults)

Standard Rooms @ \$103.00 per night (based on 2 adults)

The above rates can be offered to your participants providing we receive a minimum of 10 rooms in total.

- 5) **Lord Forrest Hotel** - 9726 5777 website - www.lordforresthotel.com.au

They are offering their Standard rooms at \$125 per night.



6) Bunbury Motel & Serviced Apartments – 97217333 - [email: bunmotel@inet.net.au](mailto:bunmotel@inet.net.au)

		<u>Triathlon Special</u>
Standard Single(1 queen)	\$86	\$80
Standard Double (1 queen)	\$96	\$90
Standard Twin(1 queen + 1 single)	\$96	\$90
Standard Family (1 queen, 2/3 single beds)	\$140	\$130
Disabled Studio unit (1 queen)	\$130	\$120
Standard 2 bedroom Apartment (1 queen + 2 singles)	\$185	\$169
Superior Spa Studio Apartment (1 queen)	\$160	\$139
Superior Disabled Studio Apartment (1 queen)	\$160	\$139
Superior Spa 1 bedroom Apartment (1 queen)	\$190	\$149
Superior Spa 2 bedroom Apartment (1 queen + 2 singles)	\$260	\$210
Extra Person	\$10	
Cot	\$10	



7) Dolphin Retreat – 97924690 – website www.dolphinretreatbunbury.com.au/

Normal prices for dorm beds (where the guest shares with other people) are \$27/night, so participants at your event will pay \$24.30/night

Normal prices for double rooms (queen bed) are \$68/night so participants at your event will pay \$61.20/night

Normal prices for twin rooms (2 x single beds usually in a bunk configuration) are \$68/night so participants at your event will pay \$61.20/night

Normal prices for single rooms (single bed in a private room) are \$47/night so participants at your event will pay \$42.30/night



Extra Information

The annual **Geographe Crush Food & Wine Festival** will be staged in the heart of the Geographe Region on Sunday November 8 at Bicentennial Square in Bunbury. Just across from the transition of the Triathlon. So after presentations, head across and have a sample of the local products.

The festival showcases the fantastic wines and foods from the growing region, from Harvey in the north to Busselton in the south and encompasses the local districts of Capel, Dardanup, Donnybrook and Collie.

The region represents over 40 wine brands and an array of produce which is unique to the area including meat, seafood, fresh produce, dairy and processed produce.

Details: Geographe Crush Food & Wine Festival

 11.00am to 6.00pm

 Sunday, November 8, 2009

 Bicentennial Square, Blair Street, Bunbury

The ***triathlon community has been offered discounted entry into the festival, being \$12*** as opposed to \$15. This is open to all triathletes, family and friends. For further information please use contact details below.

crush@cmsevents.com.au

Phone (08) 9228 9166

[www.cmsevents.com.au /GeographeCrush.html](http://www.cmsevents.com.au/GeographeCrush.html)



Sponsors

Bunbury Triathlon Club would like to thank the following sponsors:



Contacts

Further information is available from:

Race Director, Adam Shine, 0407 085 859, ashine77@bigpond.com

Vice President, Sam Taylor, 0428 921014, sam@agvivo.com.au